



MAY 1-2, 2010

USE THIS FORM TO REGISTER FOR:

- FULL MARATHON
- HALF-MARATHON
- TEAM RELAY
- TWILIGHT 5K
- KIDS FUN RUN

** MARYLAND DOUBLE PARTICIPANTS SHOULD REGISTER ONLINE*

PLEASE PRINT LEGIBLY.

First Name _____ Middle Initial _____ Last Name _____ Male Female

Address _____

City, State, Zip _____ Country _____

Day Phone _____ Evening Phone _____ Date of Birth _____

E-mail Address _____ Age on Race Day (5/02) _____

Emergency Contact (someone not participating in any of the races) _____ Emergency Phone _____

Running for Charity Yes No Name of Charity _____ Expected Finish Time _____

Relay Team Information

Relay Team Members

Submit all 4 team members' forms together

Name (with middle initial) _____

Name (with middle initial) _____

Name (with middle initial) _____

Team Name

Team Type

Mixed Male Female Corporate Cup Yes No

Company Name _____

At least 2 teammates must be employed by the same company or members of the same organization.

Shirt Size: XXL XL L M S

Race Premium to be determined. Past items included fleece jackets and performance fabric shirts in short & long sleeve. See website for details.

TOTAL AMOUNT ENCLOSED

\$..... **A \$5 Service Fee Will Be Added To Each Entry**
 Save \$2 & Register Online!(Only \$3 service fee online) **COUPON CODE**

Check-Payable to Corrigan Sports MC VISA AMEX

Card No..... Exp. Date..... V-Code.....

Card Holder Signature..... 3-digit security code from back of the card

Mail to: THE FREDERICK RUNNING FESTIVAL, 6725 SANTA BARBARA COURT, SUITE 104, ELKRIDGE, MARYLAND 21075

--Waiver: I know that running is a potentially hazardous activity. I should not enter and run unless I am physically fit, medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I hereby certify I am in good health, and I have trained to run the distance of the race of which I am entering. I assume all risks associated with running in this event, all risks being known and appreciated by me. Having read this waiver and knowing these facts and in considering your accepting my entry into this running event, I, for myself and anyone entitled to act on my behalf waive and release Corrigan Sports Enterprises, The Frederick Fairgrounds, their officials, directors, agents, volunteers, and employees, City of Frederick, Mayor and alderman, Department of Public Works, Recreation and Parks, Frederick County, the County Executive and County Council, Department of Public Works, Recreation and Parks all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons or entities named in this waiver. I grant permission to all the foregoing to use my photographs, motion pictures, recordings, videos, or any other recording of this event for legitimate purpose. I understand that bicycles, skateboards, baby joggers, rollerskates or inline skates, animals and musical devices of any type are not allowed in this event and I will abide by this rule.

Signature: _____ Date: _____ (Parents signature required if participant is less than 18 years of age).

Select A Race

MARATHON

\$70 Before 12/1
 \$75 12/1-2/31
 \$85 After 3/31

HALF-MARATHON

\$55 Before 12/1
 \$60 12/1-3/31
 \$70 After 3/31

TEAM RELAY

Price per team

\$180 Before 4/1
 \$200 4/1 or After

5K

\$25 Before 4/1
 \$30 4/1 or after

FUN RUN

\$10

Wheelchair Athletes

Crank
 Rim

Past Participant

Check all that apply

'03 '04 '05
 '06 '07 '08
 '09 First Time Frederick Participant

Registration Fee Deadlines

Credit card entries may be faxed to 410.605.9389.

Mailed or faxed registrations must be received by April 23, 2010.



A Corrigan Sports Enterprises Event